



PH 832.582.8114 **FAX** 832.830.8927 **ADDRESS** 7400 Fannin St Suite 870 Houston, TX 77054

Caring for Your Jackson-Pratt Drain

You will be discharged home with a Jackson-Pratt drainage tube. This tube is to mobilize excess drainage post operatively. This can prevent swelling and reduce the risk for infection. The tube is held in place by a stitch, and is covered with dry gauze and tape. We will remove the drain in clinic when it is no longer needed.

Home Care

- Secure the tube and back inside your clothing with a safety pin. This helps keep the drain secure, and prevent it from being pulled out.
- Empty your drain twice per day. However, if it is full you may empty it more times per day if necessary. Do not forget to keep the bulb of the drain compressed at all times unless emptying.
- Emptying your drain.
 - Wash hands with soap and water.
 - Lift the stopper on the drain. The bulb will expand at this time.
 - Look on the drain and assess how much fluid is in the container with the numbers and lines printed on the drain.
 - Write this number down on your chart with the date and drain number.
 - Squeeze the bulb of the drain to ensure all drainage is emptied into a container or the bathroom sink.
 - Once the bulb is empty continue squeezing the drain and replace the stopper. Your drain should remain collapsed. This creates a suction to allow more fluid to be removed from the body.
 - Secure the drain to your clothes.
 - Wash your hands with soap and water.
- Changing the dressing at the skin
 - Wash hands with soap and water.
 - Remove the old bandage



- Clean the drain site with soap and water at the skin. Rinse with clean water or saline. Pat dry with a clean towel
 - Put a new gauze around the drain site and secure with medical tape.
- Baths are not permitted while drains are in place. Sponge bath may be completed the day after surgery.

When to call Dr. Murillo

- New or increased pain around the tube
- Redness, swelling, or warmth around the incision site
- Drainage that is foul smelling
- Vomiting
- Fever 100.4 F or higher
- Fluid leaking around the tube
- Tube falls out or breaks
- A sudden significant increase in the amount of drainage (over 30mL)

Follow up Care

- Please bring your drainage log to clinic. We will use this to assess the proper time to remove the drain.
- You will have a follow up appointment scheduled 7-10 days after surgery. Please be sure to have a driver available to bring you to this appointment if needed.
- If you have any questions please call the number listed above. We are happy to assist you at all times.

Abdominal Binders:

- Please wear abdominal binder with your incision at the middle of the binder. This should cover a portion of the buttocks. When binders are above the incision you will note more swelling and pain at the incision site. You may take a break from the binder as needed. Only patients with abdominal surgeries will have a binder if Dr. Murillo believes it is necessary.



JP Drain Record

Drain 1	Date							
R or L	AM							
	PM							

Drain 2	Date							
R or L	AM							
	PM							

Drain 3	Date							
R or L	AM							
	PM							

Drain 4	Date							
R or L	AM							
	PM							

Drain 5	Date							
R or L	AM							
	PM							

Drain 6	Date							
R or L	AM							
	PM							

Drain 7	Date							
R or L	AM							
	PM							